



## 2023 KNOWLEDGE-BASED HOME-STUDY CE FOR PHARMACISTS AND PHARMACY TECHNICIANS

### Menopause Update in Management Guidelines

**Speaker:**

**Liza W. Claus, PharmD, BCACP, Associate Professor, Departments of Clinical Pharmacy and Family Medicine, University of Colorado Anschutz Medical Campus, Aurora, CO**

Upon completion of this CE activity, the participant will be able to do the following:

**Learning Objectives (for pharmacists):**

- Describe the physiological changes that occur in perimenopause through postmenopause and discuss the associated signs and symptoms that present at each stage
- Identify the risks and benefits of hormone therapy and select appropriate candidates for treatment
- Outline various therapeutic options to manage the symptoms of menopause, including hormonal, nonhormonal and integrative therapy options
- Review guidance and recommendations from the 2022 North American Menopause Society regarding hormone replacement therapy

**Learning Objectives (for technicians):**

- Describe the physiological changes that occur in perimenopause through postmenopause and discuss the associated signs and symptoms that present at each stage
- Identify the risks and benefits of hormone therapy
- Name three therapeutic agents to manage the symptoms of menopause
- List adverse effects of drugs used for management of the menopause symptoms

**Accreditation Information:**

**ACPE UAN:** 0122-0000-23-069-H01-P/T

**CPE Credit Hours:** 1.0 hour (0.1 CEU) of home-study CE credit

**Release Date:** July 27, 2023

**Expiration Date:** July 27, 2024

**Sponsorship:** This program is conducted solely by Premier and has no commercial or non-commercial support or sponsorship.

**System Requirements to Access the Webcast:** [Click here](#) to view CE webcast system requirements for the learner to complete the online activity, including the internet browser(s) supported and minimum versions of each, and the minimum memory, storage, processor, and internet.

**How to obtain CE credit**

1. Log on to <https://ce.continuumofcare.premierinc.com>
2. Click on the icon that corresponds to this Home-Study CE activity
3. Register for that Home-Study CE activity (**IMPORTANT:** make sure to choose the program that corresponds to your profession, i.e., a pharmacist or a pharmacy technician)
4. View and listen to the recorded activity in its entirety

For any questions, please contact Liya Davydov, Senior Director, Clinical Pharmacy Services at [Liya\\_Davydov@premierinc.com](mailto:Liya_Davydov@premierinc.com)



5. Complete both the learning assessment questions and the activity evaluation.

**Note:** A passing grade of **70%** or better is required to receive CE credit. Three opportunities will be provided to successfully complete the post-test.

Once all steps above are completed, participation will be provided to CPE Monitor.



Premier, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This CE activity is provided as a free, value-added service to Premier Continuum of Care pharmacy staff.

### Speakers Bio:

**Liza W. Claus, PharmD, BCACP**, an Associate Professor at the University of Colorado Skaggs School of Pharmacy and a Board-Certified Ambulatory Care Clinical Pharmacy Specialist at the AF Williams Family Medicine Clinic. She completed her pharmacy education at the UMKC School of Pharmacy, PGY1 training at the University of Mississippi and Ambulatory Care PGY2 at the University of Colorado. In her clinical practice, she works closely with family medicine providers, representing pharmacy services in the interdisciplinary care team. Dr. Claus works under Collaborative Practice Agreement to provide direct care for patients with diabetes, hypertension and dyslipidemia. Additional teaching and research interests include gouty arthritis and Women's Health conditions.